

Technical Training & Seminars

Technical Training Division

Level 1 – Basic Rope Rescue: 30 Hours



Prerequisites: Current fall arrest certification (proof provided). Minimum 18 years of age. Good physical condition. Comfortable at heights (no acrophobia).

Course Materials: Required materials provided.

Required P.P.E.: CSA approved steel toed boots, safety glasses, leather gloves, coveralls, and/or appropriate clothing for inclement weather conditions.

Course Overview: This three (3) day basic rope rescue course is the introduction to rope rescue operations, and principles involving rescue rope. This course is designed as an entry-level rope rescue program, which introduces students to the rope rescue environment, personal rope skills, rescue legislation, and standards regarding rope rescue and rope operations. This course consists of both classroom as well as practical field instruction, with an emphasis on personal skills and safety. The student shall learn basic rope systems, rescue equipment familiarization, and rope rescue skills. This program provides the student with the foundation skills to move into the intermediate program. Special attention shall be given to personal safety. ****This is a basic rope rescue program, which will not allow the individual to work in a rescue environment nor will it allow the individual to affect a rescue. This program will give the student the personal skills to move into the intermediate level program.***

This program covers the following topics:



- Personal safety/Personal Protective Gear
- Personal rope skills (Ropes and Knots)
- Legislation and Rope Rescue Standards
- Basic rope principles
- Basic rigging and anchoring
- Personal rappelling/self rescue
- Basic Incident Command (ICS)
- Basic rope operations
- Rescue equipment selection, maintenance and inspection
- Safety checks
- Scene surveys
- Hazard assessments

Certification: Students will be issued a Certificate of Completion upon successful completion of a written exam and demonstrated practical skills. ***Full attendance is mandatory for completion.***

Cost: Contact us for individual and group rates.

Students: 6 (Minimum)

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